

DISORDER	DSM-IV DESCRIPTION	PATTERN	STYLE	STYLE DESCRIPTION	FEATURES	EMOTIONS
PARANOID	A pervasive distrust and suspiciousness of others	Suspicious	Vigilant "The Survivor"	Independent & self-reliant; cautious in rel.; perceptive listeners; stand up for themselves; alert to criticism but not intimidated; loyal	Hypersensitive, defensive, no warmth, cynical	Fear, pride, hidden weak ego
SCHIZOID	A pervasive pattern of detachment from social relationships and a restricted range of expression of emotions in interpersonal settings	Asocial	Solitary "The Loner"	Low need for rel.; self-contained; even-tempered & unsentimental; sexually composed; unswayed by praise or criticism	Flat affect, detached, unimpressed, dull	Loneliness, deficient love experiences, depression
SCHIZOTYPAL	A pervasive pattern of social and interpersonal deficits marked by acute discomfort with, and reduced capacity for, close relationships as well as by cognitive or perceptual distortions and eccentricities of behavior	Eccentric	Idiosyncratic "The Different Drummer"	Attuned to own inner feelings & beliefs; independent; oblivious to convention; open to anything; abstract and speculative; keen observers of others		
ANTISOCIAL	A pervasive pattern of disregard for and violation of the rights of others	Aggressive	Adventurous "The Challenger"	Nonconformist; thrilled by risk; each is responsible for self; persuasive; always moving on; free-lance; generous; were wild as kids; courageous & tough; no regrets; life is now	Poor morals, superficial, cheating, repetitive mistakes, friendly	Inability to love, anger, pride
BORDERLINE	A pervasive pattern of instability of interpersonal relationships, self-image, and affects, and marked impulsivity	Unstable	Mercurial "Fire and Ice"	Need romantic attachments; intensely passionate; emotionally active & reactive; spontaneous & uninhibited; initiate, creative, busy; open to experiences	Unpredictable moodiness, emotional, self-destructive, who am I?	Out of balance self-image, trained incompetence, anger
HISTRIONIC	A pervasive pattern of excessive emotionality and attention seeking	Gregarious	Dramatic "The Life of the Party"	Emotionally demonstrative; rich imagination; melodrama & romance; impulsive & fun; center of attention; require compliments; concern for appearance; charming & seductive	Highly emotional, outgoing, reactor, personal, need for acceptance	Loneliness, fear, deficient love experience
NARCISSISTIC	A pervasive pattern of grandiosity (in fantasy or behavior), need for admiration, and lack of empathy	Egotistical	Self-Confident "Star Quality"	Believe in themselves; expect to be treated well; openly ambitious; political; competitive; visualize themselves as the best; self-aware; poised but vulnerable to criticism	Self-centered, impressed by self, broken relationships, shallow, "user"	Pride, positively skewed self-image, mythical thinking
AVOIDANT	A pervasive pattern of social inhibition, feelings of inadequacy, and hypersensitivity to negative evaluation	Withdrawn	Sensitive "The Homebody"	Prefer the familiar; like a few close friends or family; care about what others think of them; deliberate discretion; courteous, self-restrained manner		
DEPENDENT	A pervasive and excessive need to be taken care of that leads to submissive and clinging behavior and fears of separation	Submissive	Devoted "The Good Mate"	Committed to rel.; avoid aloneness; cooperative & respectful; team player; defer to others' advice; promote harmony by being polite & tactful; considerate even at personal cost; if criticized will try to change	Dominated, passive, too subservient, pleasant	Emotional incompetence, fear, guilt, need for assertiveness
OBSESSIVE-COMPULSIVE (Compulsive P.D. in DSM-III)	A pervasive pattern of preoccupation with orderliness, perfectionism, and mental and interpersonal control, at the expense of flexibility, openness, and efficiency	Conforming	Conscientious "The Right Stuff"	Dedicated & concentrated worker; strong moral principles; do things right; detailed; flawless; order & routine; practical & pragmatic; cautious & prudent; collector ("pack rat")	Rigid system of duties and obligations; repressed emotions, perfectionistic	Anger, guilt, imperative thinking
Personality Disorder Not Otherwise Specified	+ Do not meet criteria of a specific disorder + "Mixed Personality" - characteristics of several + Depressive Personality + Passive-Aggressive Personality (in DSM-III) (Negativistic pattern)		- Leisurely "California Dreaming" Right to enjoy life; fulfill the law but no more than that; cannot be exploited; Manana; easygoing; accept themselves - Self-Sacrificing "The Altruist" Very generous; noncompetitive; unambitious; service to others; always considerate; nonjudgmental; prefer the background; long-suffering; naive, trusting & innocent - Aggressive "Top Dog" Take charge; traditional power structure & hierarchy; rules of order; highly goal-directed; brave & courageous; active & physical; competitive			

Fred Gingrich, 1999. Columns 1-2 from: *Quick reference to the DSM-IV*, pp.275-286; Column 3 from: Millon, Theodore, *Disorders of personality: DSM III*, as cited in Oates, Wayne (1987). *Behind the masks: Personality disorders in religious behavior*. Louisville, Kentucky: Westminster, p. 14; Columns 4-5 from: Oldham, J. M. (1990). *The personality self portrait*. New York: Bantam; Columns 6-7 from Carter, Les (1993). *Heartfelt Change: Turning harmful emotions into positive character*. Chicago: Moody, p. 178.